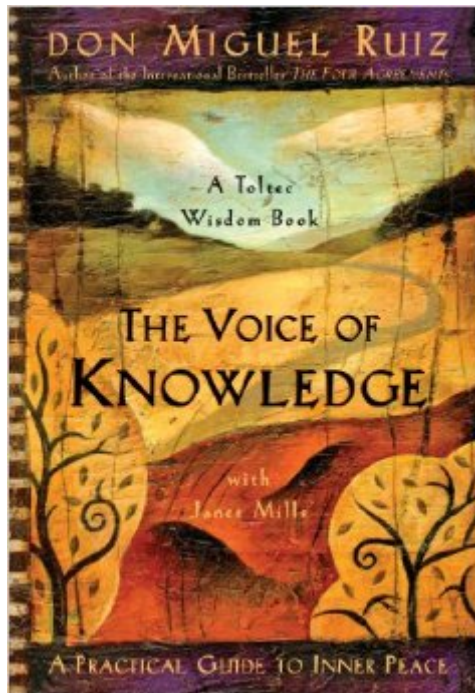


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# The Voice Of Knowledge: A Practical Guide To Inner Peace



## Synopsis

A spiritual guide to overcoming negative emotions offers advice on saying what one means, refusing to speak against oneself, and ending self-deprecating thoughts and attitudes as part of realizing true knowledge and being true to oneself.

## Book Information

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Average Customer Review: 4.6 out of 5 starsÂ Â See all reviewsÂ (248 customer reviews)

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## Customer Reviews

Days after finishing the new offering from don Miguel Ruiz and Janet Mills, I found the essence of its meaning reaffirmed time and again, and frequently "heard" the teaching in the middle of daily issues or challenges. Just like the wonderful "Four Agreements", this book presents valuable lessons for practical use with everyday living. We learn in Chapter One that the "Voice of Knowledge" is not a benevolent one, but the incessant chattering that humans unconsciously perpetuate daily, the "...voice in our head. You can call it thinking. I call it the voice of knowledge." (Ch. 1) Ruiz' descriptions of his grandfather's teachings are an immediate wonderful antidote to the wearying Voice of Knowledge that we so often succumb to. His words are beautiful encouragement to rediscover the wonder of childhood. One of his great lines sticks with me: "Faith is the power of creation that all humans have, and it doesn't have anything to do with religion." He goes on to describe the difference between having faith in one's own goodness versus believing the lies of others who might convince us we're not good enough or smart enough. The realizations that Ruiz experiences in Chapter 4, A Night in the Desert, are an inspiring description of one mind grasping the Truth of the Ages. His account of experiencing the universe experiencing him is an eloquent and

understandable report of an epiphany that's a joy to read. I call page 47 the "truth page". Soon after this exhilarating evening in the desert, we learn about the "Storyteller", the essence of the Voice of Lies that pervades our consciousness all too often. I think "storyteller" is an apt term for that demon we all wrestle with - Little mind, monkeymind, maya, etc. etc.

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